

# Our Approach

We approach our teaching and learning process through our motto of **heart, mind,** and **action**.

**Heart:** Develop the knowledge and skills that enable each of us to establish and maintain a positive relationships with others and effectively managing oneself. [See our programs here.](#)

**Mind:** Develop the knowledge and skills and live by establish and maintain a positive relationships with others and effectively managing oneself. [See our programs here.](#)

**Action:** Actively contributing to our local and global community to solve meaningful problems and to understand others perspectives, history, and contributions to the world. [See our programs here.](#)